



Garnet J Nelson, LCSW, BCD  
Licensed Clinical Social Worker- Life Coach

**Request/Authorization to Release Confidential Records and Information**

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I hereby authorize:

Person/Facility: \_\_\_\_\_ to release information from records about \_\_\_\_\_ born on \_\_\_\_\_,  
and whose Social Security number is \_\_\_\_\_, for the following purpose (s):

- Further mental health evaluation, treatment, or care
- Rehabilitation program development or services
- Treatment planning
- Research
- Other: \_\_\_\_\_

These records concern the time between \_\_\_\_\_ and \_\_\_\_\_.

To: Person/Facility Name: \_\_\_\_\_

In the boxes below, the information to be disclosed is marked by and X; the items not to be released have a line drawn through them; page numbers are indicated when appropriate, and written dates indicate when those records were mailed to the requester.

- Intake and discharge summaries \_\_\_\_\_
- Medical history and evaluation (s) \_\_\_\_\_
- Mental health evaluations \_\_\_\_\_
- Developmental and /or social history \_\_\_\_\_
- Educational records \_\_\_\_\_
- Progress notes, and treatment or closing summary \_\_\_\_\_
- Other: \_\_\_\_\_

Select only one:

- Please forward the records to the address in the letterhead at the top of this form.
- Please forward the records to the address written above.

I have explained to me and fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the likely consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time within 90 days, except to the extent that action based on this consent has already been taken. This consent will expire automatically after 90 days from the date on which it is signed, or upon fulfillment of the purposes stated above. I understand that if the person or organization that receives this information is not health care provider or health insurer the information may no longer protected by federal privacy regulations.

Signature of client	Printed name	Date
Signature of parent/ Guardian/representative	Printed name	Relationship
		Date

I witnessed that the person understood the nature of this request/authorization and freely gave his or her consent, but was physically unable to provide a signature.

Signature of witness	Printed name	Date
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- Copy for patient or parent/ guardian
- Copy for source of records
- Copy for recipient of records